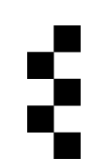




NIHR ARC EoE

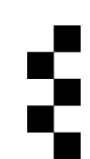
Mental health inequalities

Research capacity building



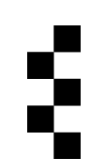
East of England ARC

- 5 year collaboration funded by the National Institute of Health and Care Research
- Partnership includes:
 - Cambridgeshire and Peterborough NHS Foundation Trust
 - Four EoE universities, including the University of Essex
 - Local Authorities
 - Regional Sustainability and Transformation Partnerships (STPs)
 - Patient-led organisations
 - Charities
 - Industry partners across the region



Mental health inequalities: research capacity building 2022-2024

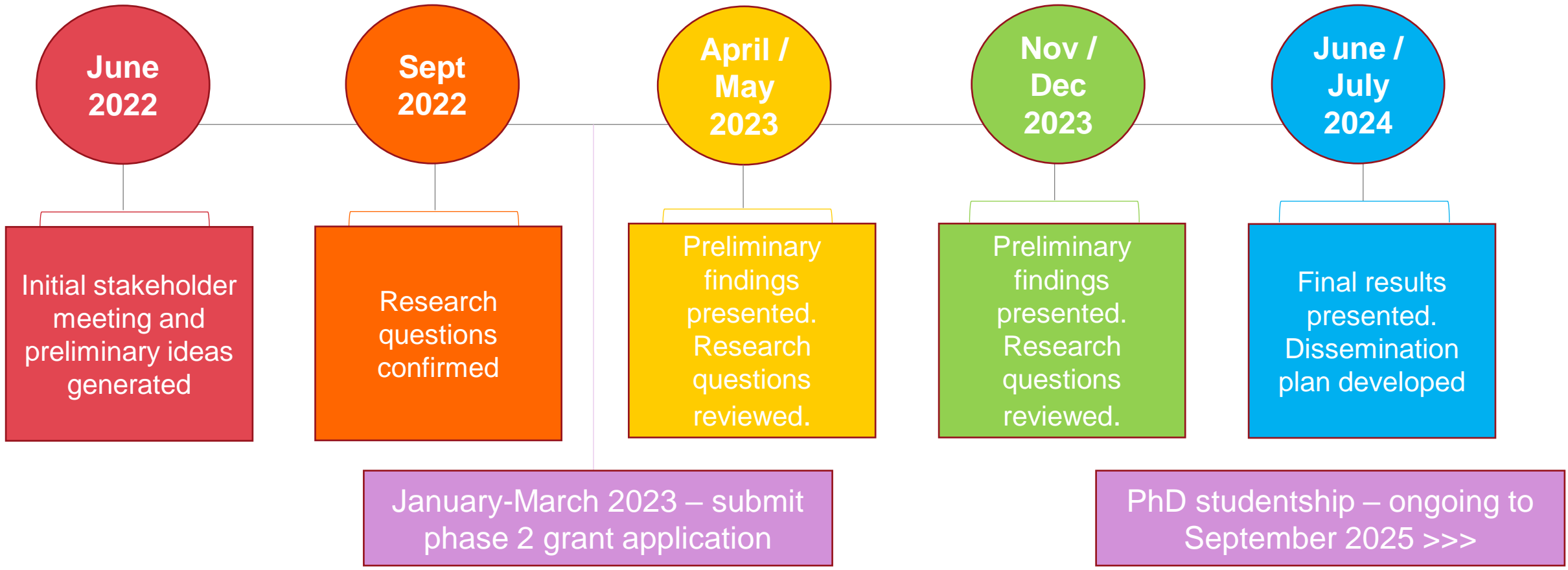
- Additional NIHR funding to EoE ARC for regional mental health research capacity building
- Focus on **mental health inequalities** affecting residents in the East of England including a theme on **coastal communities**
- Sits within Mental Health over the Life Course (ARC Theme)
- Components: PhD studentships, post docs, clinical fellows
- UoE focus: will use UKHLS to address key research questions

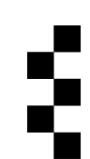


University of Essex project

- Susan McPherson: UoE programme lead
- Collaborators: Meena Kumari, Cara Booker, Antonella Trotta
- NIHR ARC post-doc: Claire Wicks
 - Managing stakeholder involvement
 - Design and lead on at least one UKHLS analysis determined through stakeholder consultation
- NIHR ARC PhD studentship: Alix Lewis (from Oct 22)
 - Use UKHLS to address research questions concerning the **crisis of mental health in coastal towns**
 - E.g. develop a typology of coastal communities in order to compare EoE against UK; identify particular features in EoE related to high rates of mental illness
 - May include qualitative component to explore issues in further depth

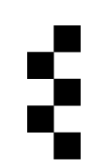
UoE Project Timeline





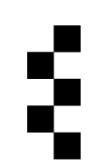
Initial Stakeholder Meeting

- Wide range of stakeholders invited including local health and care organisations and service users
 - e.g. ECC, MIND, C360, Trust Links, ABSS, CVS, EPUT, Healthwatch, ECL Sensory service, SURG PPI members
- 17 stakeholders attended (June 2022)
- Presentation:
 - overview of programme aims
 - description of UKHLS and potential for mental health research using longitudinal representative panel survey data with social, economic and location variables
- General discussion of key issues affecting EoE residents and how these may relate to UKHLS variables



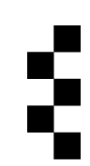
Stakeholder follow-up

- Research team review of themes arising from meeting >>
 - Rapid reviews of existing evidence as blogs (volunteering, physical activity)
 - Linking stakeholders to other research teams (e.g. loneliness)
 - Arranging short presentations for next meeting (e.g. trauma)
 - Identify themes which can be followed for main project (UKHLS)
 - Identify themes which could be used through new grant application (sensory impairment)
- Newsletter addressing themes (as above) and invitation to next meeting
- Keeping invitation open to existing and new members



Priority theme identified for main project

- Derived from stakeholder concerns around social factors in mental health and ECC JSNA:
 - Investigating the impact of wider social and economic determinants on mental health outcomes in the East of England
 - Do the impacts of wider determinants of health vary between populations with protected characteristics?
- Update from stakeholder meeting earlier this week....



Contacts

Claire Wicks cwicks@essex.ac.uk

Susan McPherson smcpher@essex.ac.uk